



THE PRIDE

The Official Newsletter of California Northstate University, College of Pharmacy

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To our CNU family:

Welcome back to CNU! With another semester tucked under our belts, new invaluable knowledge mastered, sharpened skills and experiences, the addition of our new P1 friends, and fond memories made together, I look forward to a whole new adventure in 2016 with all of you.

Many of you may be familiar with your officers of SBC (Student Body Council). We at SBC strive to "serve the students of CNU by cultivating an environment of professional growth and excellence," aiming to "foster professionalism, mentorship, and unity among our colleagues." I, personally, am incredibly proud of the great accomplishments and memories made by our students this past semester. Therefore, SBC is embarking on a new endeavor to highlight the greatness of you, the students of CNU.

Keep up the amazing work!
Irisa Tam, SBC Publicist

*We are always looking for students to recognize. If you would like to suggest a colleague or organization for their distinctions, please email sbc@cnsu.edu.

Dear students of California Northstate University,

You are at the heart of every decision that is made when planning for a successful academic year. Your associated student body council representatives more commonly referred to as "SBC" work ardently to incorporate our professional goals as a university into our extracurricular activities. Our students are a dedicated brand of professionals always ready to lead the charge when it comes to directly impacting a healthcare initiative. Our students are known to be personal, professional and knowledgeable when determining core outcomes for patients. We even have amongst the highest rate of students who are matched for residencies at approximately 17%. There is great value in what goes on in our campus as far as education, organizations and research; it

becomes more apparent when we showcase our talents in health fairs, quiz bowls and national meetings. In short, keep doing what you are doing. Know that your hard work and efforts are worthy and honorable and have not gone unnoticed. Even if we were to stop now, it would have been enough, but the fact that we are going to continue to strive for a greater impact dignifies the quality of our students. Together, we are able to reach further into impacting entire communities and make a difference in the healthcare agenda.

Thank you all for the opportunity to serve such a dedicated student body,

Sincerely,
Joseph Han, SBC President



Dr. Hieu T. Tran, Pharm D.

As many of you know, we started this year with a new dean. Having supported us at several health fairs, most of you have likely already gotten to know him. For those that have not had the chance, we would like to take the opportunity to briefly introduce our new dean:

Dean Tran obtained both his Bachelor in Science in Pharmacy and his Doctorate of Pharmacy (Pharm.D.) degrees from the Philadelphia College of Pharmacy and Science in Philadelphia in 1990 and 1993, respectively. He completed a Post-Doctoral Fellowship in Clinical Pharmacology with a sub-specialty in Cardiovascular Therapeutics and Antiarrhythmics at Hartford Hospital and the University of Connecticut.

Dean Tran was the Founding Dean at Sullivan University College of Pharmacy where he has led the Pharmacy program to a successful accreditation. Prior to joining Sullivan University, he was the founding Chair of the Department of Pharmacy Practice at the newly established Lake Erie College of Osteopathic Medicine School of Pharmacy in Erie, PA. He has received research funding, engaged in scholarly activities with more than 100 articles and abstracts, co-authored books, edited books, and has presented expert information at nearly 100 professional and scientific conferences throughout the United States and abroad.

Following his arrival at SUCOP, Dean Tran initiated a telepharmacy project to explore the delivery pharmacy services to the underserved rural population and founded the InterNational Center for Advanced Pharmacy Services (INCAPS), the first collaborative project between academia and a third party payer (Humana), and also with the Kentucky Retirement System to provide reimbursable Medication Therapy Management (MTM) services and MTM certification for students on rotation. He has also established collaboration with the

Louisville Metro Health Department to provide assistance with their immunization program for the City of Louisville.

As a way to focus on the ever-growing field of Nanotechnology and Nanomedicine, Dean Tran with Dr. Y. Pathak founded the Nanotechnology Symposium at SUCOP. The Inaugural Symposium was held in 2008, and we most recently celebrated the 5th year in September 2012. The Nano Symposium is a way for attendees to disseminate information regarding their research and discoveries in the fields of Nanotechnology and Nanomedicine which affect all areas of industry, medicine, and science. This effort resulted in a Coalition on Nanotechnology for the Commonwealth of Kentucky (University of Louisville, University of Kentucky, Western University of Kentucky, and Sullivan University) supported by the Governor.

In January 2012, Dean Tran was promoted to Vice-President of the College of Health Sciences at Sullivan University while retaining his title as Founding Dean and Professor of the Sullivan University College of Pharmacy. In this role, he oversaw all current health-related programs (Pharmacy, Nursing, Physician Assistant, and Health Science General Education).

Within the Metro Louisville community, Dean Tran was selected to the Louisville Healthcare Fellows program; has received an appointment to The Honorable Order of Kentucky Colonels; has received the 2009 MediStar Leadership Award from Medical News, and has been honored yearly since 2008 as a Business First Health Care Partner. He has served on the boards of the American Heart Association, Leukemia and Lymphoma Society, and the Foundation for a Healthy Kentucky. He was the President of the Board of Directors of Asia Institute Crane House.

Within the Louisville Asian American community, Dean Tran offered volunteer cultural, physical, and mental development through martial arts instruction. He also founded the Vietnamese-American Professional Pharmacy Association (VAPPA) at the College of Pharmacy. This group was founded to promote health awareness through health education and workshops and to provide health care services to the Vietnamese-American community and other underserved populations.

Student Spotlight: Jessica Men

With so many possible career paths to explore in pharmacy, it's not uncommon for students to be uncertain about which path is right for them. Jessica's passion for managed care has proven to serve her well, as she is now a published writer for the American Journal of Managed Care. Here, we've asked her about her experiences:

1. What are you currently writing for and about? How often?

The American Journal of Managed Care Pharmacy; I get assigned a journal study to read and summarize into a concise, understandable language. I write 3 articles a week and started in November.

2. How did you get introduced to this position?

I used to work for a teen magazine and got added to an email list for open positions in publications. It usually emails me about openings in magazines like Cosmo or People... so I was super surprised when I got an email for American Journal of Managed Care Pharmacy! I applied, sent in writing samples, and they hired me as a freelancer.

3. What has this experience been like?

It's actually been really helpful in my classes and for my organization, AMCP! There was even a question on my therapeutics exam that I figured out the answer to because of one of the studies I wrote about.

4. Any influenced your opinion of the field?

I have a better understanding of the managed care pharmacy field now - in the types of topics that managed care pharmacists study and the types of findings that affect population-based health. Before, the findings were just a bunch of unfamiliar words. But being forced to research background info myself and summarize long studies, I really had to understand how each finding fit into the bigger managed care picture.



Jessica Men, P3

5. Any advice for students that want to follow your path? Pay attention in statistics class! And apply for whatever you can! The position I applied for asked for a full-time employee from New Jersey, but I applied anyway and asked them to

give me anything they could because I knew what I wanted - to be involved in a managed care publication. I wasn't hired for the permanent job, but still got the freelancer one. So you never know unless you try!

Student Spotlight: Gevorg Martirosyan



Gevorg Martirosyan, P3

Since summer of 2015, Gevorg has been serving as SNPhA's National President-Elect – an incredible honor and distinction. For those that may want to follow in Gevorg's footsteps, outshining in leadership and excellence, we've taken the time to ask him a few questions about his experiences and motivations:

1. When did you join SNPhA and why?

Although I was exposed to SNPhA and its mission prior to my attendance to CNU, SNPhA was the first organization I joined on campus and was immediately given the opportunity to serve in the HIV/AIDS – Remember-the-Ribbon initiative. SNPhA has a unique family-feel to it, which is not only welcoming to new students but is an essential quality if you want to connect with your community.

2. How has SNPhA changed you as a person?

It provided me with professionalism and strong work ethics, but I noticed myself slowly becoming a visionary and an optimist; sometimes to a point where my friends questioned my awareness of reality and keep telling me that I have started using too many "hashtags". #SNPhA.

3. What motivated/inspired you to run for National President-elect?

The honor of serving on the National

Executive Board does not lie in the prestige of its title but the respect of the board members and the national membership as we do good work together. I speak to this based on my experience as the 2015 CNU Delegate at the SNPhA Region III, IV, V Conference. I was highly motivated by the shared passion demonstrated by our delegates for our mission and their depth of experience serving SNPhA and our profession, which is reflective of the expectations for the qualities of a National President. I strive to be that person.

4. How did you prepare for election? Regardless of the outcome of the elections, the journey of getting to that podium was a fantastic learning experience; one, which tested my limits in numerous ways. It would not have been possible without the energy and support of my peers and most importantly, the mentorship of Dr. Ofstad. The process took three stages: creating a vision, applying it on the application and then sharing it with the national membership.

5. What was your biggest fear and how did you overcome it?

Letting down those who were part of this journey. I overcame this fear by being open to constructive criticism from my peers and being open to growth.

6. What were challenges you faced prior to and during election day?

Tachycardia, tremor, sweating... but then Dr. Ofstad taught me his infamous "pitching an imaginary baseball" tip of reducing stage fright. Yes, we were actually pitching imaginary baseballs in the hallways. The entire weekend was filled with lots of energy. There were a number of checkpoints that would ultimately grant two of the candidates the opportunity to make a speech. Then, after the speech, there were two separate sessions of questions from the audience. In between all these events, I had the warm support of our

CNU-SNPhA family (my campaign managers) present at the conference that comforted and motivated me to confidently share my vision with the membership.

7. What are your new responsibilities as next National President-Elect?

Although everyone works very closely on various tasks on the National Board, one of the responsibilities unique to the SNPhA National President-Elect is to chair the House of Delegates business sessions at both the regional meetings and the annual convention. Additionally, the National President-Elect is to work closely with the two host chapters of 2015-2016 Regional Conferences. CNU is in Region V and the Region III, IV, V conference will take place in Cleveland, OH (March 11-13).

8. What are your goals within SNPhA?

Whether fighting for equality, serving the community, or advancing the profession, through SNPhA, We stand together, one mission, no barriers! My pledge (through the above bolded campaign slogan) has been to work closely with every member to close the gap in the number of underserved-and-uninsured communities, going global to partner with like-minded and passionate professionals and that along this entire journey, I'll be there (www.illbthere.org).

9. Any advice for students?

First, My advice is and has always been to be courageous and open to new opportunities. Some call it grit – the strength of character or courage. Tap into what truly motivates you and let it propel you to your goals. Second, Find your support group. CNU provides us with valuable resources and the most genuine colleagues one would need in this support group. Third, SNPhA gives back. Feel free to approach any of us, either on the National Board or the local Chapter Board, for guidance and we will be there for you.

A Summary of Fall 2015



Health Fairs

CNU had a great turnout at both the Giant Pumpkin Festival Health Fair and the Celebrando Health Fair. These were only two of the many, many health fairs put on by CNU students in 2015. Thank you to all students, faculty, and preceptors that have organized, attended, and volunteered their time at CNU Health Fairs.

Welcome, College of Medicine

In 2015, CNU branched out to include a college of medicine. Welcome to our new M1 friends! We'd also like to announce the elected Student Government leaders and American Medical Association leaders of the college of medicine:

Academic Co-President: Steven Nemcek
Non Academic Co-President: Tanmayee Yenumula
Public Relations/Media Coordinator: Christopher Phillips
Activities Coordinator: Salil Babbar
Secretary/Historian: Min Ji Cho
College Rep. #1: Flynn Kaida-Yip
College Rep. #2: Arleen Grewal
College Rep. #3: Farrah Nasrollahi

AMA Co-Presidents: Nancy Li & Lexi Mullen
CMA-MSSN Delegate: Babak Nouhi
Alternate Delegate: Min Ji Cho
SSVMs Rep: Brendan Kim
Secretary-Treasurer: Jonathan Lish
Outreach Commissioner: Christina Cheung

Welcome to the CNU family! We hope to foster a thriving interprofessional relationship with our neighbors downstairs.

2015 CSHP Seminar (San Diego)

1st place in the 2015 CSHP Quiz Bowl: Jessica Sheffler, Harmeet Singh, Joseph Prioriello, Melissa Kimura, Sasha Gould, John Promlap, Myron Phil Todd, Christina Zhang, Seumsack Somtakoune, Rob Wang

2015 CSHP Student Chapter Distinction Award

2015 CSHP Student Leadership Award: Seumsack Somtakoune

"One of my favorite quotes is from Winston Churchill 'Success consists of going from failure to failure without loss of enthusiasm.' Keep up your enthusiasm and I believe anyone will find success."

2015 CSHP Clinical Skills Competition Representatives
John Promlap, Myron Phil Todd

Other Recognized Achievements

John Promlap: Walgreens Leadership and Excellence Scholarship, NCEF Academic Achievement Scholarship

Eileen Wong: CNU-SNPhA Clinical Skills Competition, Preliminaries

Jacqueline Luu: CVS Scholarship Award

Saul Lerma: Sacramento Valley Pharmacists Association Student Scholar